



Medway Valley Countryside Partnership Free Wellbeing Walks

June 2022

8th River Medway

16th White Horse Woods Country Park

20th Cobtree Manor Park

22nd Yalding Fen

28th Trosley Country Park



Join our gentle, guided walks and enjoy the ever-changing mosaic of the Kentish Countryside. See, hear and feel the changing seasons as we explore hidden gems of Kent, all while spotting wildlife under the guidance of a local expert.

Walks last 1-2 hours with plenty of rest breaks.



Call 03000 422 997 for information and booking. Or book on Eventbrite at MVCP